

Appendix 1

Health & Wellbeing:

	Strengths	Gaps	Projects	Partners
Table 1	Restore Hope; Foodbanks; Community fridges.	Financial insecurity; Integration of different groups; Food poverty; School networks; Knowledge, communication and engagement; No hub /central place; Local divide (between old and top Amersham).	Promote events; Promote local areas of interest / open spaces; Local hub / community space; Education, Signposting; Local organogram.	Restore Hope; Chiltern Rangers; Chiltern Voice; Local Press; Social Media; Your Voice; DWP.
Table 2	Warm spaces – but needs a rebrand to reduce stigma; Dementia cafes; Foodbanks.	Information sharing Not everyone knows what is being done; Social isolation; Volunteers for projects; Not much for young people.	Transport (social isolation); Assist with IT skills; Obesity assistance / healthy eating.	
Table 3	Sport clubs; Simply walk – daytime weekdays; Sports centre; Community library – films, children's groups, dementia support.	Inability to access mental health support; Transport to activities; Promotion; Funding for sports exercise for those who cannot afford groups; Support for autistic young adults; Non-team sports and activities – especially for girls; Lack of consistent volunteers.	Evening walking groups; Outreach to self-excluding young people – dance, music, taster sessions; Mental health first aid training.	Mental health charities; Sports clubs.
Table 4	Good outdoor space; Good leisure centre – well used, big opportunities; Restore Hope; Fitness; Greenery;	Where can young people go? Leisure centre is expensive; Obesity/ Dementia/ Autism/ Elderly - Social Isolation; Information sharing;	Help with technology to stay connected, iPads for groups out and about - hire taxis, pay for parking, book cinema tickets etc;	Age UK; Empower to Cook.

	Clean; Schools;	Support for people waiting diagnosis and post diagnosis; Cooking skills / healthy eating / obesity; DBS checks for volunteers.	Healthy eating and cooking lessons.	
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Improving the Environment:

	Strengths	Gaps	Projects	Partners
Table 1	Green spaces; Recycling; Recycle, repair, renew – Repair cafe.	Public transport; Sustainable transport; Inaccessible green spaces; Lack of cycle ways; Food waste collection; Knowledge of what can be recycled; Wombles.	Skills for life, e.g. bike repair, bikeability (all ages); Energy efficiency – Energy doctors; Community Fridges.	Sustainable Amersham; Energy Doctors.
Table 2	Sustainable Amersham group; Wild Amersham; Eco group/ council at Amersham school – more bins to reduce litter and zen garden; Chiltern Society; Little Chalfont Nature Park; Fountains; Eco fairs; Repair cafe; Young book club; Green festivals; Solar; Green areas and multi-use parks.	Getting rid of single use cups – problem with business buy in; Public transport needs improvement; Litter; People don't take care of green spaces; Planting trees – after care; Dog fouling – educate from bottom up.	Refill scheme; Car EV charging; More tree planting; Library of things; More litter picking schemes; Volunteers to look after environment – stands in market to promote.	
Table 3	Amersham in bloom; Nature Park; Access to green spaces; Amersham hospital gardens.	School transport – school run; Poisoned green-washing; Management of chalk streams by water companies.	Work with land owners and amersham in bloom; Promote car sharing for school runs; Bus routes.	Wild Amersham.

Table 4	Health & Wellbeing within schools – mind mentors; Scope offering support with disability or mental health; Green spaces; Lifestyle Centre.	Young people's mental health support; Schools training with learning disabilities; Coordinated volunteering opportunities; Lack of awareness.	Educating people to take care of the environment; Initiatives showing benefits of time in nature on mental wellbeing.	Scope.
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Community Resilience:

	Strengths	Gaps	Projects	Partners
Table 1	Conversion of building for new purposes, i.e. Churches to Foodbanks etc.; Good engagement in Old Amersham e.g. Christmas Market. Outdoor cinema; Youth Communities e.g. Skate Park.	Location of some events.	Community Hub to provide a sense of belonging and socialisation; Family fun days in a good location.	Housing Associations.
Table 2	Covid managed well – resilience to threats; Lots of local groups.	Diversity and inclusion; Generational differences; Communication and awareness.	Aim: a community that looks out for each other; Socio-economic Health & Wellbeing; Understanding different communities; Interconnecting with other priorities.	Chiltern Welcomes.
Table 3	WhatsApp groups; Schools; Community libraries; Neighbourhood watch; Community lunch clubs.	Support for 30-50 year olds.	More community lunch / social groups.	Dementia Cafe; U3A; Re-Engage; Men's Shed; Library groups; Rotary; Volunteer days by companies.
Table 4		Communication; Intention is there but bureaucracy restricts volunteering; People working longer.	Expanding safe places for young people; Work experience support;	

			Fundraisers to bring people together; Easier access to funding; More sports groups, tailored to different people; Help with recruitment.	
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Opportunities for Young People:

	Strengths	Gaps	Projects	Partners
Table 1	Car-pooling in rural areas.	Accessibility for young people; Where can they go? Excluded from activities ££; Sense of place is lacking; Lack of transport; SEND – transitions; Training for youth workers, LGBT, Sexual Health.	Town twinning for young people; Spaces for young people – mapping demographics and having something in the right place.	CYB; Schools Community Network.
Table 2		Mental health; Vaping; Access for young people in rural communities / public transport.		
Table 3	DofE; Football clubs; Businesses talking to schools with Careers advice; Pinewood; Leisure centre.	Lack of clubs for specific sports; Mental Health support; Anxiety and family issues; Vaping.	Older students working with younger students.	
Table 4	Lifestyle Centre – lots for YP; Chiltern Open air museum, school visits, additional needs; Chiltern Music therapy; Uniformed groups; Youth club reopened.	Links with faith organisations; Volunteers especially male.	Team building volunteer days; Intergenerational projects; Work placements for vulnerable young adults; Mission employable model.	Work experience.

